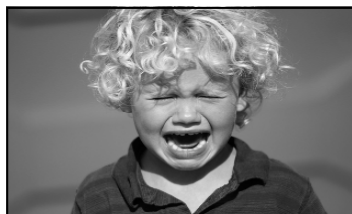
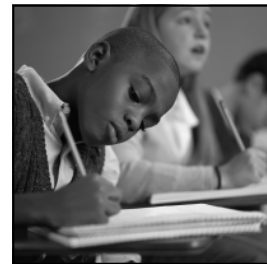
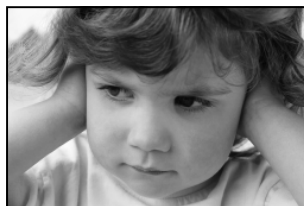
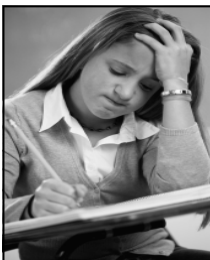


NAMI Basics

The fundamentals of caring for you,
your family, and your child with mental illness

FREE education course offered for parents/caregivers of children and adolescents with mental health issues. Classes include:

- Introduction - it's not your fault; mental illnesses are brain disorders
- The biology of mental illness; getting an accurate diagnosis
- Treatment works - an overview of treatment options
- Tools for the toolbox - communication skills, problem solving, crisis preparation and response, handling challenging behavior, relapse planning, impact on family members
- Recordkeeping and the systems your child is involved in (school, juvenile justice, mental health)
- Survivor stories, review, wrap-up



Thursdays 6:30 - 9:00 pm
Butte Health Department
Conference Room
25 Front St. Butte
Course Dates: April 23-May 28

Call or email to sign up or for more
information:

Susie (406)563-5104

Janet 560-3261

Melanie (406) 560-6371

mmartindent@yahoo.com

